



## Psychiatry career opportunities in Scandinavia

**MEDICARRERA** works on behalf of public hospitals in different regions in Sweden, Norway and Denmark, offering career opportunities for European specialist doctors organising the language training for the whole family and giving assistance in all practical issues related to relocation. **MediCarrera services are financed by the employer and free of charge for the candidate.**

### Some of the job opportunities in Psychiatry:

#### **General Psychiatrists, Gothenburg city, Västra Götaland, Sweden**

There are 2 positions in the Affective Psychiatry Department and 2 in the Addiction Department. Work will be in a multidisciplinary team (both inpatient and outpatient). Reception, diagnosis and treatment of patients, team sessions and meetings with the patient's family, cooperation with social services. In the affective psychiatry clinic they treat patients with affective disorders, including bipolar disorders, anxiety syndromes, compulsive-, eating-, personality-, neuropsychiatric disorders including ADHD and autism spectrum disorder. There are programs for adapting people to the society. The addiction clinic cooperates with the University of Gothenburg and with Socialstyrelsen (national health board). The Hospital has a generous policy regarding further training and participation to conferences.

#### **General Psychiatrist, Kungälv, Västra Götaland Sweden**

The department consists of two parts, inpatient and outpatient. There are 4 nursing wards, 1 for psychosis, 1 for addiction disorders and 2 for general psychiatry. The outpatient service is situated in the towns of Ale, Kungälv and Stenungsund. The most common diagnosis at the clinics are affective disorders, OCD, personality disorders, social phobia and eating disorders.

#### **Psychiatrist (bipolar disorders), Gothenburg city, Västra Götaland, Sweden**

The University Hospital of Sahlgrenska is looking for psychiatrists specialised/with special interest in bipolar disorders who want to join a team of highly skilled professionals within the Department of Psychiatry for Affective Disorders in their subspecialized outpatient or inpatient clinic for Bipolar disorders.

## **We offer:**

- Permanent contract after obtaining the Swedish medical license.
- Training courses within working hours.
- Help to find: apartment, school and kindergarten.
- Study tour to Sweden, after a first interview, to learn more about the region and the work environment.
- Assistance with removal and relocation costs.
- Intensive Swedish course, also for the family.
- A scholarship for the Swedish course of 700 Euros monthly net, a supplement for children of 70 Euro monthly net, free apartment and travel costs for the family.

## **Our doctors share their experiences in Scandinavia:**

### **Mihai Dinu**

Mihai is a psychiatrist who lives in Östersund. He moved to Sweden in February 2013, together with his wife, economist and their daughter. The whole family studied Swedish in Spain, with the MediCarrera project.

### **Testimonial**

*The language training was difficult, but at the same time it was a fun experience. The teachers have a lot of experience in teaching Swedish to foreign doctors. The best part of moving was that our family has brighter prospects now, than they had in Romania. I think that in the future we will feel at home in Sweden. Of course, it's hard to leave your family and friends, but we try to stay close by using Skype and Messenger. The most important thing has been that our daughter has found a better environment to grow up in. She can be out in nature a lot and it's a calm and safe society to grow up in.*

*I was happy with the introduction to the workplace - it worked out very well. After two or three months I had my first patients. It was a bit difficult at first to understand the dialect that the patients were speaking and I was very tired when I returned home in the evenings. But with some practice and a strong focus on the language it started going better and now, after half a year in Sweden, I understand almost everything and I can have a dialogue with the patients without difficulties.*

If you are interested and you would like to apply at our job offers contact us at [info@medicarrera.com](mailto:info@medicarrera.com) or at 0034 933 173 715.

Check our new website [www.medicarrera.com](http://www.medicarrera.com) for more information about our recruitment program with language courses for doctors and their families, living and working conditions in Scandinavia.

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