



6th World Congress on Ovulation Induction

2010

ADVANCE PROGRAM



Naples, Italy
30 September - 2 October 2010



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www.ovulationinduction2010.org

Ovulation Induction is a critical therapeutic procedure employed in the management of infertility, both alone and in conjunction with assisted reproduction procedures.

Since 1994 the World Congress on Ovulation Induction has become a key scientific event to update physicians and scientists on novel and ground-breaking approaches and techniques in this invaluable therapeutic area.

The 6th edition of the World Congress on Ovulation Induction will take place in Naples, Italy from the 30th of September to the 2nd of October, 2010. This beautiful city, close to unique venues such as the islands of Capri and Ischia and the archaeological sites of Pompeii and Herculaneum will be a perfect backdrop for this high-level scientific event. The Congress will be held at a central and convenient facility located on the Mediterranean seashore with a breathtaking view of the bay of Naples, its islands, and Mount Vesuvius.

We look forward to welcoming you in Naples in 2010.

Prof. Marco Filicori

Prof. Giuseppe De Placido



Presidents of the Congress

Professor Marco Filicori

Chairman
GynePro Medical Group, Bologna, Italy

Professor Giuseppe De Placido

Head
Reproductive Medicine Unit
Department of Obstetrics and Gynecology
University of Naples "Federico II", Naples, Italy

International Scientific Committee

Fleming R (UK)

Hugues JN (FR)

Macklon NS (UK)

Nardo L (UK)

Pellicer A (ES)

Ubaldi F (IT)

Italian Scientific Committee

Caserta D (IT)

Chiantera A (IT)

Cicinelli E (IT)

Colacurci N (IT)

Crosignani PG (IT)

Dessole S (IT)

Genazzani AR (IT)

Locci M (IT)

Moscarini M (IT)

Nappi C (IT)

Perino A (IT)

Petraglia F (IT)

Pivonello R (IT)

Volpe A (IT)

Zullo F (IT)

Local Organizing Committee

Clarizia R (IT)

Mollo A (IT)

Ranieri A (IT)



E.C.M. • Continued Medical Education

The congress participates in the Continued Medical Education National Program instituted by the Italian Ministry of Health. The credits assignment is being processed.



FACULTY



For up-to-date information, please visit our website www.ovulationinduction2010.org

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PROGRAM AT A GLANCE

Thursday 30 September 2010	Friday 1 October 2010	Saturday 2 October 2010
	<i>morning</i>	
	8:30-10:45 Session II ANOVLATION AND MILD STIMULATION	8:30-11:00 Session IV FSH FORMULATIONS AND REGIMENS
	10:45-11:15 <i>coffee break</i>	11:00-11:30 <i>coffee break</i>
	11:15-12:45 IBSA SYMPOSIUM	11:30-13:00 MERCK SERONO SYMPOSIUM
	13:00-14:00 <i>lunch</i>	13:00-14:00 <i>lunch</i>
	<i>afternoon</i>	
13:15-13:45 Opening Ceremony	14:00-16:15 Session III GnRH ANALOGS	14:00-16:10 Session V LH ACTIVITY: FORMULATIONS AND REGIMENS
13:45-14:30 Keynote Lecture		
14:30-17:00 Session I BASIC ASPECTS	16:15-17:00 <i>coffee break</i>	16:10-16:40 <i>coffee break</i>
17:00-17:30 <i>coffee break</i>		
17:30-19:00 FERRING SYMPOSIUM	17:00-18:30 SCHERING-PLOUGH SYMPOSIUM	16:40-18:45 Session VI SPECIAL REGIMENS
19:00 Welcome Reception		18:45 Close of the Congress



For up-to-date information
www.ovulationinduction2010.org

Thursday • 30 September

OPENING CEREMONY

- 13:15 Welcome and Opening of the Congress
Filicori M (IT)
De Placido G (IT)
- 13:45 KEYNOTE LECTURE
The ovarian lifecycle: from genesis to preservation
Oktay K (US)

SESSION I BASIC ASPECTS

Chairpersons:

Fleming R (UK)
Colao A (IT)

- 14:30 Genetics of folliculogenesis
Rajkovic A (US)
- 14:55 Follicle and oocyte aging
Artini PG (IT)
- 15:20 Reproductive hormone receptor dynamics in developing follicles
Mason H (UK)
- 15:45 Androgens, follicle development, and oocyte quality
Andersen CY (DK)
- 16:10 AMH, antral follicle count, and other parameters to predict COS and ART outcome
Broekmans FJ (NL)
- 16:35 The endometrium in ovarian stimulation
Macklon NS (UK)

17:00 COFFEE BREAK

17:30 **Ferring Pharmaceuticals
Sponsored Symposium**

19:00 WELCOME RECEPTION

**SESSION II
ANOVLUTION AND
MILD STIMULATION**

Chairpersons:

Nardo L (UK)
De Leo V (IT)

08:30 Aromatase inhibitors
Requena A (ES)

08:55 Metformin update
Palomba S (IT)

09:20 Low-dose gonadotropins in
anovulation
Hugues JN (FR)

09:45 Controlled ovarian stimulation for
intrauterine insemination
Somigliana E (IT)

10:10 Minimal ovarian stimulation for ART
Fauser B (NL)

10:45 COFFEE BREAK

11:15 **IBSA Pharmaceuticals
Sponsored Symposium**

13:00 LUNCH

**SESSION III
GnRH
ANALOGS**

Chairpersons:

Hugues JN (FR)
Di Carlo C (IT)

14:00 Improving efficacy of GnRH
antagonists
Lambalk C (NL)

14:25 Pituitary suppression regimens in
poor responders
Braude P (UK)

14:50 Oral contraceptive pre-treatment in
GnRH antagonist cycles
Griesinger G (DE)

15:15 Final follicle maturation trigger with
GnRH agonists
Humaidan P (DK)

15:40 Luteal phase support of GnRH
antagonist cycles
Nardo L (UK)

16:15 COFFEE BREAK

17:00 **Schering-Plough
Pharmaceuticals
Sponsored Symposium**

**SESSION IV
FSH FORMULATIONS
AND REGIMENS**

Chairpersons:

Macklon NS (UK)
Benagiano G (IT)

08:30 FSH structure-function relationships
Wide L (SE)

08:55 Design and action of
hyperglycosylated recombinant FSH
molecules
Lustbader JW (US)

09:20 Androgen priming before FSH ovarian
stimulation
Fleming R (UK)

09:45 Effects of high-dose FSH regimens
Pal L (US)

10:10 Gonadotropin stimulation and
follicular phase progesterone levels:
mechanisms and outcome
Bosch E (ES)

10:35 Tridimensional automated ultrasound
for monitoring ovarian stimulation
Raine-Fenning N (UK)

11:00 COFFEE BREAK

11:30 **Merck Serono
Pharmaceuticals
Sponsored Symposium**

13:00 LUNCH

**SESSION V
LH ACTIVITY: FORMULATIONS
AND REGIMENS**

Chairpersons:

Pellicer A (ES)
Aboulghar M (EG)

14:00 LH activity-containing gonadotropin
preparations
Ubaldi F (IT)

14:25 Orally active LH agonists
Van de Lagemaat R (NL)

14:50 Clinical use of recombinant LH
Alvigi C (IT)

15:15 hCG in ovarian stimulation
Filicori M (IT)

15:40 LH activity supplementation during
GnRH antagonist cycles
Devroey P (BE)

16:10 COFFEE BREAK

**SESSION VI
SPECIAL REGIMENS**

Chairpersons:

Ubaldi F (IT)
Bosch E (ES)

16:40 Controlled ovarian stimulation in oocyte donors, fertility preservation, and oocyte banking

Remohi J (ES)

17:05 Strategies to prevent ovarian hyperstimulation

Pellicer A (ES)

17:30 Controlled ovarian stimulation in endometriosis

Arici A (US)

17:55 Therapeutic strategies in poor responders

Loutradis D (GR)

18:20 Controlled ovarian stimulation in PCOS

Aboulghar M (EG)

CLOSING CEREMONY

18:45 Close of the Congress

Filicori M (IT)

De Placido G (IT)





For up-to-date information
www.ovulationinduction2010.org

INFORMATION





VENUE

Congress Venue

Royal Continental Hotel

Via Partenope 38/44

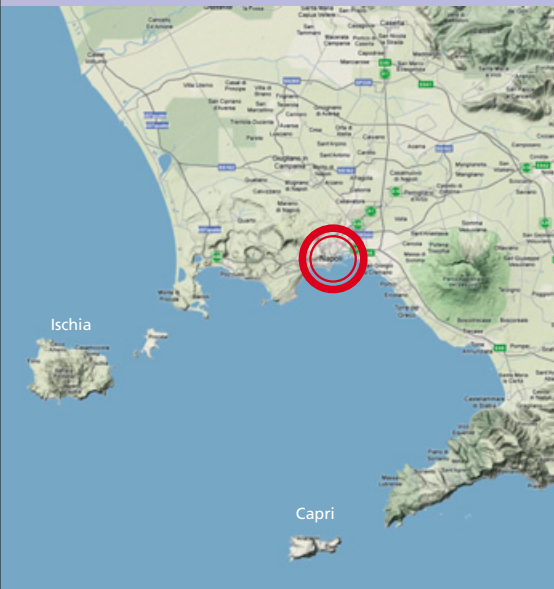
I 80121 Napoli, Italy

www.royalcontinental.it

Tel. +39 081 245 2068

Fax +39 081 764 4616

prenotazioni@royalcontinental.it



For up-to-date information

www.ovulationinduction2010.org

How To Reach the Congress Venue

BY PLANE

Fly to Naples airport, then take a taxi (the congress venue, Royal Continental Hotel is 10 Km away in downtown Naples).

If you are renting a car from the airport, directions are: Take the bypass. Exit: Fuorigrotta. After the toll, cross the underway tunnel to "Lungomare". Turn left when you are close to the Campi Flegrei station, then go on to the tunnel. After the tunnel, enter the seafront (Lungomare). After approx 1 km, you'll find Royal Continental Hotel (in front of Castel dell'Ovo, a fortress overlooking Naples bay).

BY TRAIN

Take a train to the railway station "Napoli Centrale". Train schedules and ticket purchase are available at: www.trenitalia.it

From the railway station take a taxi to the congress venue, Royal Continental Hotel (10 min ride).

FROM NAPLES HARBORS

Both Naples harbors (Porto Beverello and Porto Mergellina) are very close to the congress venue, Royal Continental Hotel (5 min ride by taxi).

If you are driving:

- From Porto Beverello (1.8 Km away) turn left. Cross the "Galleria della Vittoria". Take the roundabout and enter the seafront (Lungomare) where you will find Royal Continental Hotel (in front of Castel dell'Ovo, a fortress overlooking Naples bay).
- From Porto Mergellina (2.3 Km away) go on to the seafront (Lungomare) where you will find Royal Continental Hotel (in front of Castel dell'Ovo, a fortress overlooking Naples bay).

BY CAR

Highway exit: Napoli "Centro Porto". Go on approx. 4 Km. The Port of Naples is on the left side, the Maschio Angioino castle is on the right side. Cross the "Galleria della Vittoria". At Piazza della Vittoria roundabout enter the seafront (Lungomare). After approx 400 m you'll find Royal Continental Hotel (in front of Castel dell'Ovo, a fortress overlooking Naples bay).

Scientific Secretariat

Dr. Graciela E. Cognigni
Dr. Lodovico Parmegiani

GynePro Medical Centers
Via T. Cremona 8
I-40137 Bologna, Italy

Tel. +39 051 442094
Fax +39 051 441135
l.parmegiani@gynepro.it

Dr. Carlo Alviggi

Reproductive Medicine
Department of Obstetrics and Gynecology
University of Napoli "Federico II"
Via Sergio Pansini 5
I-80131 Napoli, Italy

Tel. +39 081 746 2699
Fax +39 081 746 3747
alviggi@unina.it

Organizing Secretariat



GynePro Educational

Via Lame, 44
I-40122 Bologna, Italy
Tel. +39 051 223260
Fax +39 051 222101
educational@gynepro.it

www.gynepro.it



GENERAL INFORMATION

Language

The official language of the Congress is English.

Abstracts

Abstracts for free presentations

A limited number of abstracts will be selected for oral presentation. Abstracts should be submitted by e-mail to the Organizing Secretariat (educational@gynepro.it) no later than 16 July 2010 according to the following format:

- Title in block letters
- Author name(s) and institutional affiliation(s)
- Text of the abstract (should be informative and end with a statement of the study conclusion)
- Name, mailing address, phone and fax numbers, e-mail address of corresponding author

Authors will be notified by 31 July 2010 of abstract acceptance or rejection. Authors presenting papers must be registered as Congress participants. Additional information are available on the Congress website www.ovulationinduction2010.org



GENERAL INFORMATION

Privacy

Disclosure document issued in conformity with art.13 of Italian Law n.196/2003.

The information data holder is GynePro Srl. The data you provide by filling in these forms will be collected and processed in our electronic databases also through third-party companies that collaborate with GynePro Srl with the purpose of disseminating information on conferences, meetings, courses, etc. Data may also be shared with participants in the Congress and the sponsoring Companies.

Data of Participants requesting Continuing Medical Education (ECM) credits will be made available to the Italian Health Ministry. A data subject has the right to request updates or modifications of his/her data by writing to the data holder:

GynePro Srl
Via Lame, 44 - 40122 Bologna, Italy
Tel. +39 051 223260 - Fax +39 051 222101
e-mail: educational@gynepro.it

Registration Fee

• early registration (by 15 May 2010)	€ 540
• late registration (after 15 May 2010)	€ 600
• in-training registration (certification of status required)	€ 300

The registration fee includes:

- Attendance to scientific sessions
- Congress kit
- Welcome cocktail
- Luncheons
- Coffee breaks
- VAT 20%

Payment

• Credit Card

• Bank Transfer

GynePro S.r.l.
Account nr.: 05188 02401 30233
Banca Popolare di Verona, Branch
Bologna A
Via U. Bassi, 11 - 40122 Bologna, Italy
IBAN Code:
IT84M0518802401000000030233
Swift code: VRB PIT 2V456
REFERENCE: 6th World Congress on
Ovulation Induction 2010
Bank transfer must be accompanied
by the Registration form

• Check

Please make a non-negotiable check payable to GynePro S.r.l. (Euro Only) and mail to:
GynePro Srl
Via Lame, 44 - I-40122 Bologna Italy
Check must be accompanied by the Registration form

Please notice that your registration will not be processed until the full registration fee payment is received

Deadline for pre-registration:

the registration form and fee payment must be received by **17 September 2010**. After this date only on-site registrations will be accepted.

Cancellation of Registration and Refund Rules

Refund of registration fee, less a € 80 non-refundable processing fee, will be made if written notice of cancellation is received before August 31, 2010. Following that date no refunds of registration fees will be possible. All refunds will be made after the Congress.

Hotels Information

ROYAL CONTINENTAL HOTEL ★★★★★

Conference Venue

Via Partenope 69 - 80121 NAPOLI

Tel. +39 081 245 2068 - Fax +39 081 764 5707

www.royalcontinental.it

The Royal Continental hotel is located on Naples seafront promenade and offers a superb views of the gulf. The furnishings were created by Gio Ponti, an interior designer par excellence and a master of modern 20th-century Italian architecture, creativity and technical skills. A leisurely stroll around the hotel will bring you to many of the city's main attractions and monuments like Borghi Marinari fishing districts, Piazza Plebiscito square, Palazzo Reale, Teatro of San Carlo opera house, Galleria Umberto I, Maschio Angioino, Naples' most famous shopping streets and many museums.

HOTEL SANTA LUCIA ★★★★★

Via Partenope,46 - 80121 Napoli

Tel. +39 081 764 0666 - Fax +39 081 764 8580

www.santalucia.it

Elegance, class and absolute privacy are the key features of the Grand Hotel Santa Lucia located in Naples, in the city centre. This Art-Nouveau style hotel was built in 1900 by the famous architect Comencini and overlooks the marina having the same name. You can hardly resist the fascinating and breathtaking scenario that unfolds in front of Santa Lucia hotel and embraces views of Vesuvius, the Bay of Naples, Capri, Ischia and the majestic Castel dell'Ovo. Rooms are quiet, with internal or side view and contemporary and classic style furnishing, as a peaceful shelter from the bustle of the town. Attention is paid to details to make you stay unforgettable.

HOTEL EXCELSIOR ★★★★★

Via Partenope, 48 - 80121 Napoli

Tel. +39 081 764 0111 - Fax +39 081 764 9743

www.excelsior.it

Overlooking the Bay of Naples and respecting Italian tradition, Hotel Excelsior combines elegant and breathtaking sights of Naples with modern luxury and a touch of ancient times. With its luxury crystal chandeliers, fine textiles and outstanding Italian marble floors, Hotel Excelsior is the favourite place for international stars, artists and intellectuals. Open our carved wooden doors and visit the most famous shops and amenities of Naples. Draw the magnificent curtains of your room and look at the scenario, with the charming bay and glittering coast. In all large rooms and suites at Hotel Excelsior, you can find fine linen and wonderful furnishing. Seek refuge in a wide, elegant and sumptuous space. Unique design features match the surrounding environment, thus becoming a great opportunity for those who want to immerse themselves into Italian culture.

Hotel Prices

ACCOMMODATIONS

Hotel Reservations

Hotel rooms at special rates will be available for conference attendees. The equivalent of the cost of one night stay will be initially charged. This deposit will be deducted from the final hotel bill. Room availability cannot be guaranteed after August 30, 2010. The Travel Agency Viaggia con Noi (coordinates below) reserves the right to book rooms for participants in a different hotel of similar or superior category when rooms are no longer available at the hotel and category requested. Prices listed below are per room, per night and include continental breakfast and taxes. Reservations will be accepted on a first come, first served basis. The booking will become valid upon receipt of the deposit. Each reservation will be confirmed by a hotel confirmation voucher with the name of the hotel and indication of the payment made.

Hotels Cancellation Policy

- Up to 3 days before arrival: deposit (less up to € 20 for bank expenses) will be fully refunded.
- Less than 3 days before arrival: deposit less one night rate and bank expenses will be refunded.

For rooms reserved in Royal Continental Hotel cancellation must be sent by fax or e-mail to:

Royal Continental Hotel

Via Partenope 38/44 - 80121 Napoli, NA ITALY

Fax +39 081 7644616

e-mail: prenotazioni@royalcontinental.it

For rooms reserved in Santa Lucia and Excelsior Hotels cancellation must be sent by fax or e-mail to:

Viaggia con Noi S.r.l.

Corso Campano, 414

80014 Giugliano, NA ITALY

phone: +39 081 8947193

Fax: +39 081 3606897

email: giugliano@viaggiaconnoi.it

HOTELS	Double Room single occupancy	Double Room	Triple Room
ROYAL CONTINENTAL ★★★★★ Conference Venue			
Classic Room (no sea view)	€ 186	€ 206	€ 236
Superior Room (sea view)	€ 216	€ 236	€ 266
HOTEL S. LUCIA ★★★★★	€ 195	€ 230	
HOTEL EXCELSIOR ★★★★★			
Classic Room (no sea view)	€ 225	€ 260	
Superior Room (sea view)	€ 275	€ 310	

ACCOMPANYING PERSON PROGRAM

Tour No. 1

The Capodimonte Museum and historical Naples

Date: 01 October 2010

Full day: Capodimonte Museum, Duomo, Via S. Gregorio Armeno, Citadel of S. Chiara, Gesu Nuovo church, Castel dell'Ovo

Departure:

Royal Continental Hotel at 08:30



Capodimonte Museum

The Capodimonte Royal Palace was created by Charles of Bourbon to accommodate his court and also because he needed a proper site to house the outstanding Farnese art collection he had inherited from his mother, Elisabetta Farnese. Works started in 1738 following the design made by Antonio Mediano, but it took more than a century to complete the building even though an important part of the Farnese Collection – in particular paintings – started being exhibited in 1759. At the beginning of the 19th Century, the paintings of the Capodimonte Palace were moved to the Royal Museum (today the Naples National Archaeological Museum) created inside the Palace of Royal Studies. The complete art collection was returned to the Capodimonte Museum in 1957 when the restored Royal Palace was opened again to the public after having been the residence of the House of Savoy from 1860 to 1947.

Light Lunch

Neapolitan Pizza, 1/2 liter mineral water or soft drinks, typical Neapolitan sweet.

After lunch, visit to the **Duomo**.

This majestic Cathedral was commissioned by King Charles I of Anjou. Construction started at the end of the 13th century and continued up to the early 14th century. Since the 16th century, the church houses the relics of San Gennaro (St. Januarius), the patron saint of Naples. At the beginning of the 17th century, the Royal Chapel of San Gennaro's Treasure was added to thank the Saint for the end of a plague epidemics in 1527.



ACCOMPANYING PERSON PROGRAM



The tour continues with **San Gregorio Armeno**, the famous street of the nativity scene makers, followed by a visit to the citadel of **Santa Chiara** with its Church and Monastery and its wonderful Majolica Tiled Cloister. The Convent and Church of Santa Chiara were commissioned by Robert of Anjou in 1310 to house the Anjou Royal family tombs. Inside the complex, the most solemn ceremonies and royal gatherings took place.

The visit will continue to the **Gesù Nuovo** church.



Its façade is in bugnato style (with protruding diamond points made of volcanic stones) and is modelled on the 15th century Sanseverino's palace. This bugnato façade was maintained by the Jesuits when during the 16th century they bought the building and converted it into the church for their new seat. The Baroque interior is impressive due to the richness of polychromatic marble decorations.

Last stop of this full day tour: visit to **Castel dell'Ovo**, a castle located just 100 m far from Royal Continental Hotel.



The edifice is the most ancient castle in Naples and is located on a small island, the Megarides, where in the 1st century BC, the Roman patrician Lucius Licinius Lucullus had his villa. The first portion of the existing castle dates back to the 9th century. With the Normans, the Swabians, the Angevins and the Aragonese, the fortified citadel changed continuously in order to adapt its defensive structure to the changing needs. The current look of the castle is mainly due to the rebuilding that occurred in 1503 as the castle had been almost destroyed during a siege by Ferdinand II of Spain.

Return to Royal Continental Hotel at around 18:30

PRICE: € 50 PER PERSON

Tour fee includes: transport by bus, guided tours, admission tickets, lunch.

ACCOMPANYING PERSON PROGRAM

Tour No. 2

The Archeological museum and modern Naples

Date: 02 October 2010

Full day: Archaeological Museum, Plebiscito Square, Galleria Umberto, S. Carlo Theatre, Castel Nuovo.

Departure:

Royal Continental Hotel at 08:30

National Archaeological Museum

The palace hosting one of the most important archaeological museums in the world, was built at the end of the 16th century as a royal riding school. At the beginning of the following century, it was restored to become the seat of the University of Naples. In 1777, when Ferdinand IV of Bourbon moved the University in the former Gesù Vecchio Convent, the building was again modified to accommodate the Royal Bourbon Museum and Royal Library. In 1860 it became a state-owned building. The most interesting collections of the National Archaeological Museum comprise original objects and works of art (including mosaics and statues) discovered in the sites buried by the Mount Vesuvius eruption in the 1st century A.D. (Pompeii and Herculaneum). During the 19th century, donations by private citizens and other findings from excavation sites in



Campania region and Southern Italy enriched the Museum property. A comprehensive reorganisation of the collections is in progress, with the dual purpose of documenting the role of private collectors in assembling the archaeological property and illustrating the various findings in their specific context.

Light Lunch

Neapolitan Pizza, 1/2 liter mineral water or soft drinks, typical Neapolitan sweet.



After lunch, the tour continues to **Piazza del Plebiscito**, a square that played a very important role in the life of Naples:

this was the place where festivals, celebrations, ceremonies and military parades took place. In 1815 Ferdinand of Bourbon – after the French defeat – was restored to the throne of Naples and commissioned the magnificent royal church of San Francesco di Paola.

The **Royal Palace of Naples** (visit limited to the outside of the building) dates back to the viceregal period, at the beginning of the 17th century.

The Spanish Viceroy felt the need for a spacious and prestigious palace that could sumptuously host the court and sovereigns during their trips to Naples. The architect chosen for that palace was Domenico Fontana (coming from the papal court) who drew inspiration from late- Renaissance models. During the 18th and 19th centuries, numerous additions and changes were made to embellish the building. In 1837, the Palace was seriously damaged by a fire and thus restored by Gaetano Genovese, an architect who also made a new wing (“ala delle feste”) and a new façade towards the sea.

From 1600 to 1946, the Royal Palace has been the seat of the monarchical power in Naples and Southern Italy, beginning with the Spanish and Austrian Viceroy, followed by the Bourbons and ending with the Savoy Royal family. The long façade of the Royal Palace was designed by Fontana: in the middle, you find the main entrance and above the balcony for parades.

ACCOMPANYING PERSON PROGRAM

Sideways, there are the viceroial and royal coats of arms, with the Savoy coat of arms below. Above, you find the clock tower. The façade shows a series of arches and niches. At the end of the 19th century, inside these niches the Savoy family decided to place statues of the kings of the eight dynasties that ruled the Kingdom of Naples: Roger the Norman, Frederick II of Swabia, Charles I of Anjou, Alfonso V of Aragon, Charles V of Habsburg, Charles III of Bourbon, Joachim Murat, Víctor Emanuel II.

From Plebiscito square, the guide will take you to **Umberto I Gallery** that at the beginning of the 20th century became a meeting place for Neapolitan musicians. The impressive iron and glass structure and the elegant flooring with polychromatic marbles make this large area (1000 m², 35 m high) full of light.



From the Gallery through a side exit, you can see in front of you the **Teatro San Carlo**, one of the most ancient theatres in the world. It was inaugurated on 4 November 1737, the name day of King Charles I of Bourbon.

A short walk will lead you to **Castel Nuovo** (New Castle). It was called "Castrum Novum" to distinguish it from the other two existing castles that were no longer suitable for hosting the Angevin court. Construction started in 1279 with Charles I. Only the Palatine Chapel remains of the original structure as the castle was rebuilt by Alfonso I of Aragon, starting in 1443. Since 1990, the western wing hosts on two floors the Civic Museum, while the Sala dei Baroni (Room of the Barons) is now used for Municipal Council meetings.



Return to Royal Continental hotel at around 18:30

PRICE: € 50 PER PERSON

Tour fee includes: transport by bus, guided tours, admission tickets, lunch.



POST CONGRESS PROGRAM

Tour No. 1

Pompeii and Herculaneum

Date: 03 October 2010

Guided tour to the archaeological sites – a true journey to discover the ancient civilization destroyed by the dreadful eruption of Mount Vesuvius in 79 AD.

Departure:

Royal Continental Hotel at 07:30

POMPEII EXCAVATIONS

Pompeii is the only archaeological site in the world where you can literally see an ancient Roman centre as a whole. Rich in trading activities and full of life, Pompeii “came to a halt” because of the famous eruption in 79 AD. During this eruption, a rain of ash and lapilli covered everything: houses, inhabitants, streets, public buildings and objects of daily life. Everything was “frozen” like in a horrible snapshot.

A catastrophe, a cataclysm that nonetheless gave us the opportunity to have an exceptionally well preserved town and treasures: urban pattern, public and religious monuments, the magnificent dwellings decorated with mosaics and famous wall paintings, areas where daily life activities were taking place. With a 44-hectare excavated area, Pompeii is one of the most famous and visited archaeological sites in the world, with over two million visitors each year.

Lunch

Pasta dish, main course, side dish, dessert or fruits, 1/4 liter wine, 1/2 liter water.



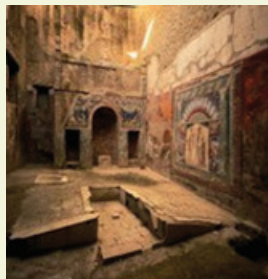
HERCULANEUM EXCAVATIONS

Herculaneum is a small coastal town in Campania region, half way on the road connecting Naples to Pompeii and to Nocera, Stabia and Sorrento.

Herculaneum was buried by a fast and hot river of volcanic mud – ash mixed with water – that, once solidified, preserved everything in an original and unique way, even organic finds such as plants, fabrics, furniture, structural parts of wooden buildings. Unmatched at other archeological sites is the presence

of the upper floors of the buildings which give us a precise idea on volumes and building techniques, and provide the opportunity to establish the history of a Roman house through almost three centuries – from the 2nd century BC to the eruption in 79 AD.

The visit starts at the entrance portal in Resina main street, from where you have a first top view of Herculaneum: you can immediately notice the classical urban pattern of a roman city, with the decumanus parallel to the coast and crossing the perpendicular cardus, thus resulting in a definite “chess-board” pattern of rectangular house blocks called Insulae. Thanks to this top view, we can also have an overall image of the town with its public and religious monuments, the magnificent dwellings, the houses of ordinary people and places where daily life activities occurred.



Return to Royal Continental Hotel at about 19:30

PRICE: € 70 PER PERSON

Tour fee includes: transport by bus, guided tours, admission tickets to excavation sites, lunch.

Tour No. 2 Capri and Anacapri Date: 03 October 2010

Guided tour to the island, Marina Grande, Anacapri, Capri town center, Via Camerelle, Via Tragara

Departure:
Royal Continental Hotel at 07:30

Boarding at Beverello quay, arrival after about 45 minutes.

Capri Island was inhabited in prehistoric times: traces were found in the grottos and are now visible in museums. Emperors Augustus and Tiberius lived there for long periods of time and even today you can admire the magnificent villas they commissioned for their stay at the "Blue Island".

During the 17th century AD, Christian monks commissioned the construction of a fortified charterhouse (Certosa di San Giacomo) where they also manufactured perfumes by extracting the essences from the flowers of Capri island.

The prestige and reputation of Capri developed thanks to the Grand Tour in the 19th century: artists, writers, musicians and intellectuals "discovered" and drew inspiration from it for their works.



Therefore, Capri, besides its natural beauty, boasts historical memories making it even more fascinating. A surprising feature of Capri island is the great variety of possible tours, even though the island is quite small. You can choose the atmosphere of the fishing village and sea grottos; the walks close to sheer cliffs; the fields of peasants growing lemons, oranges and olives; the streets in the town centre with



luxury shops; the elegant hotels; the craftsmen's workshops; the churches; the remains of Roman Emperors' villas. The Piazzetta (Italian for "small square") – Piazza Umberto I – is the core of Capri island for both tourists and local inhabitants. In the past, the Piazzetta hosted the open market – the heart of trading for Capri Island.

Nowadays, the Piazzetta is the focal point of social life with its prestigious bars: you can now drink a coffee or an aperitif next to some international political and intellectual personalities. Capri's Piazzetta is the ideal starting place for any tour.

Along the street we can see: Villa Discopoli, a villa where the writer Rainer Maria Rilke and Queen Margherita of Savoy lived; Villa Lo Studio where the poet Pablo Neruda spent some time; Villa Tragara commissioned by the German artist Christian Wilhelm Allers; Villa Quattro Colonne owned by the painter Goffredo Sinibaldi; Hotel Punta Tragara inspired by the work of the architect Le Corbusier. You can also visit the Augustus gardens commissioned in the 30s by Friedrich Alfred Krupp, a German industrialist. There you can find species of Capri flora and wonderful panoramas with a terrace structure and different observation points from where you can see the Certosa di San Giacomo, the Faraglioni (stacks), Mount Tuoro, Marina Piccola bay and Mount Solaro.

Lunch at a typical restaurant

Pasta dish, main course, side dish, dessert or fruits, 1/4 liter wine, 1/2 liter water.

POST CONGRESS PROGRAM

Optional tour: Blue Grotto **12.00 euros duration about 1 hour**

The Blue Grotto is known all over the world for its great extent, intense blue color of its interior and silvery white brilliance objects have when immersed in its water. To enter the Grotto, you have to get into small rowing boats, with two or three people maximum, and lying on the bottom of the boat, you pass through the low and narrow mouth of the cave. Once inside, the scenario is touching beyond description: the blue water looks like a sky where boats settle comfortably, as if they do not want to disturb the apparently absolute peace of this place.

Emperor Tiberius used it as his private nymphaeum and the painter August Kopiscw "re-discovered" it in 1826, after a period during which a legend spread among local fishermen, saying that evil spirits lived in the deepest cavities of the grotto.

As an alternative: Spare time for shopping

To shop in Capri is a unique experience, a wonderful opportunity to see directly how those elegant articles the island is famous for, are made. Local artists open the door of their workshops and invite passers-by and collectors to get in and observe their works and their exhibitions of paintings, sculptures and ceramics. An opportunity not to be missed: a visit to the workshops where unforgettable perfumes are made from Capri flowers or to places where the excellent Limoncello di Capri liquor is produced in all its varieties.

Return to Royal Continental hotel
at around 19:00

PRICE: € 90 PER PERSON
(the Blue Grotto tour is not included)

Tour fee includes: transport by boat, guided tour, lunch.



ACCOMPANYING PERSON AND POST CONGRESS TOUR CONDITIONS AND CANCELLATIONS

Any tour will be confirmed when reaching the minimum number of participants.

Reservation deadline is 25 June 2010. Tour reservations can be made by communicating your credit card number or by bank transfer. The amount paid shall be reimbursed in full should we not reach the minimum number of participants.

Any cancellation must be made in writing by e-mail.

When a cancellation is notified up to 15 days before the tour date, 20% of the fee shall be charged.

For cancellations notified 14 to 3 days before the tour date, 50% of the fee shall be charged. In all other cases no refund will be made.



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